



## **SpiritGroup Commonly Asked Questions**

### **WHAT ARE SPIRITGROUPS?**

SpiritGroups are primarily home-gatherings of 8 to 12 people who meet to enhance their spiritual practice, make friends, build strong and lasting relationships, and to share in caring for each other. Each group usually lasts 2 hours and has its own topic/theme.

### **WHAT HAPPENS IN A SPIRITGROUP AND WHERE DO THEY MEET?**

When you attend a SpiritGroup meeting there will be some combination of prayer, fellowship, sharing and discussion of spiritual issues as applied to daily living. Ideally, SpiritGroups meet in private homes where there is a welcoming, relaxed atmosphere.

### **WHY ARE SPIRITGROUPS IMPORTANT?**

Building meaningful relationships is important in today's world. SpiritGroups help build a solid relationship with our Creator and healthy relationships with family, friends, acquaintances, and co-workers.

### **HOW ARE THE SPIRITGROUPS ORGANIZED?**

Each SpiritGroup has a host who moderates and leads each meeting.

### **WHY LIMIT THE NUMBER OF PARTICIPANTS?**

A SpiritGroup has no more than 10 participants because a smaller environment enables people to get to know each other, develop relationships and share at a deeper level. A large gathering does not always support this purpose.

### **HOW WILL I BENEFIT FROM BEING IN A SPIRITGROUP?**

You will gain a more authentic spiritual practice and a genuine feeling that you are not alone in life building more loving and lasting relationships with others. You will benefit from spiritual practices applied in everyday life for your dreams and aspirations.

### **IS THERE A COST TO BE IN A SPIRITGROUP?**

There is no cost to participate in a SpiritGroup, though we do invite members to contribute to Unity Village Chapel as a source of spiritual growth. You have the opportunity to create an appreciation basket with your SpiritGroup that will be auctioned to benefit the ministry. Consider the benefits of this program and give accordingly. Many people also commit to expand their usual tithe to the ministry during this spiritually inspired adventure.

### **WHAT IS DIFFERENT ABOUT THE ADVENTURES IN SPIRITUALITY (AIS) SPIRITGROUPS?**

*Adventures in Spirituality* is a 7-9 week series offered by Unity Village Chapel every Fall, incorporating Sunday messages, SpiritGroups centered around a common book and culminating in our HarvestFest celebration the second Friday of November.

### **HOW DO I SIGN UP FOR A SPIRITGROUP?**

Sign-up sheets available in the UVC CommUnity Center after service and online at: [www.unityvillagechapel.org/spiritgroups](http://www.unityvillagechapel.org/spiritgroups).