

MY VALUE INVENTORY

The Rules

Honesty

Objectivity

Judgement-free

Compassion

Appreciation

The Resources

Calendar

Bank Account

Environment

What you're good at, enjoy & praised for.

Peak Experiences

Google: "values"

The Arenas

Practiced: Now being lived with evidence.

Professed: Proclaimed as being lived, but no evidence.

Preferred: Not being lived, but desired.

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